



Homes Associations of Kansas City
4200 Somerset Drive, Suite 216
Prairie Village, KS 66208

CURRENT RESIDENT OR



Neighborhood Block Captains

61st St. Cathy Stephens (816) 361-2385	Valley Rd. (at Pennsylvania) David Thompson (816) 333-2282	Wornall Ter. & Rd. Christian Schulz (816) 536-4564
61st Terrace 400's Don McGee (816) 444-0638	63rd St. 400's Vlad Gjorgjioski (913) 486-2801	Washington St. Lesley Reller (816) 523-5225
61st Terrace 600's Bob Deeg (816) 926-1045	63rd St. 600's Julie Nelson Meers (816) 510-0735	Pennsylvania Ave. 6400's Bob Jump (816) 523-7942
62nd St. 400's Kelley Hrabe (816) 686-2416	Greenway Ter. 400's Blythe Robertson (816) 363-4130	Jefferson Ave. Pat Bement (816) 444-0805
62nd St. 600's Patty Moore (816) 363-1213	Greenway Ter. 600's Tom O'Connor (816) 363-2926	Summit Ave. & 6400's of Valley Michelle Murphy (816) 835-9276
62nd Terrace 400's Karen Grover-Pierce (816) 523-6951	W. Meyer Blvd. Frank Hendricks (816) 674-7605	

GFHA Board Members

Clem Helmstetter President (816) 729-4900 clem.helmstetter@greenwayfields.org	Mike McAdam Director mike.mcadam@greenwayfields.org
Julie Nelson Meers Vice President julie.nelsonmeers@greenwayfields.org	Beth Noble Director beth.noble@greenwayfields.org
Ryan Felton Treasurer ryan.felton@greenwayfields.org	Christian Schulz Director christian.schulz@greenwayfields.org
Jennifer Martin Secretary jennifer.martin@greenwayfields.org	The GFHA board serves our neighborhood. Please contact us with any questions.
Scott Kaiser Director scott.kaiser@greenwayfields.org	

www.greenwayfields.org

Greenway Fields

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Photo: Eric Bowers

President's Letter

The Annual Meeting will be Saturday, February 9th at the Brookside. Once again, we appreciate the Brookside for opening the restaurant to us. You are invited to bring the family for a hot breakfast starting at 8:30 a.m., followed by the meeting at 9:00 a.m. If you have an interest in serving as a board director please contact clem.helmstetter@greenwayfields.org so your name is printed on the ballot. Elections will happen at the annual meeting.

Please help me acknowledge and thank the following directors as they will complete terms this February: *Jennifer Martin, Mike McAdams and Ryan Felton*. I would personally like to take a moment and thank them for their contributions to our neighborhood.

The Holiday Party in December was a wonderful opportunity to visit with each other, meet new neighbors, and talk about issues affecting our neighborhood. The Board would also like to thank our neighbors, Marianne Roos & David Bland who opened their home for the party.

Just a quick reminder with the recent snows—it is a great help to our snow plow contractor if you can move your vehicles from the street when there is snowfall expected or on the streets. This allows our contractor to push the snow all the way to the curbs resulting in cleaner streets. We pay to clean our own streets per our 2" snowfall policy for plowing and salt treatments if temperatures are not expected above freezing. We try to utilize our funds in the best manner for snow removal over the winter months.

In closing, I would like to update you on recent plans for a neighborhood Walmart in the former Waldo Bingham Middle School. There was a public hearing for neighbors to hear the developers plans last week. Many residents opinions are mixed good versus bad and time will see how this plays out. Walmart recently found out that they would be part of the Waldo CID—sales tax money would go towards improvements like streetscape projects in Waldo. If Walmart moves forward with plans, it will take part in the Waldo CID. Right now, Walmart is looking at the numbers to see if the project is financially feasible. The deadline to submit offers to Kansas City Public Schools for the Bingham site is Jan 31, 2013.

Have a safe winter and see you at the annual meeting.

Clem

Upcoming Events

- ★
- GFHA Annual Meeting**
Sat, Feb 9
Hot Breakfast at 8:30 AM
Meeting Begins at 9:00 AM
Brookside Sports Bar & Grill
6330 Brookside Plaza
Scheduled Agenda Points
Board Elections
Yearly Financial Report
Neighborhood News
- ★

Holiday Lights Awards

- Most Original**
621 West 63rd Street
Simon Friedman
- Most Elaborate**
605 West 61st Street
Frederick Beckers
- Most Colorful**
414 W Meyer Boulevard
Martin & Martha Fanning
- Best of Show**
6219 Valley Road
Roy & Cindy Hedenkamp
- Best Block**
6400 Block of Pennsylvania Ave





Black Locust Tree (*robinia pseudoacacia*)

Tree Committee & Tree Census

The Tree Committee of GFHA has met to design and implement a tree census. This effort will identify and document each tree in GF in a database that will be uploaded to the GFHA website. Included in this database will be a photo of each tree viewable on the website. The complete census will identify the species, diversity and the health of all trees. It will also provide information on the loss of trees due to storm damage, road repair, and sidewalk replacements. We are reviewing software that may include additional features to the database. The census will hopefully be completed by spring, perhaps by Arbor Day on April 27th, 2013. Additionally, we are considering recommending a tree policy for the GFHA for the purpose of maintaining the canopy. All are welcome to join this effort and learn about our great tree heritage.

Species in Greenway Fields identified to date include, but are not limited to Ash, Gingko, Gum,

Linden, Locust, Maple, Silver Maple, Sugar Maple, Oak, Pin Oak, White Oak, and Sycamore.

The Mid America Regional Council in 2011 completed a research study on Greater Kansas City urban forest. This study resulted in an Initiative for the Greater Kansas City Area to promote a healthy urban environment by restoring the urban forest. Tree loss due to storm damage, to street repair, and sidewalks has resulted in a significant loss of trees across the entire community. The impact on the air quality and environ continues to be affected. The purpose of the initiative is to accentuate the benefits of trees to a healthy environment and preserve the character of Kansas City neighborhoods.

The recommendations of the MARC study include the following points: Plan for the Neighborhood; Restore Tree Canopy in Neighborhood; and Promote Awareness such as Arbor Day.

New Year's Resolutions

The ball dropped, the confetti flew, and now you're left with a list of resolutions to become your best self. Your GFHA neighbors may be your key to making it happen!

Keys to writing a resolution list:

1. Set your end goals first.
2. Make your resolutions specific (i.e. I will drink 6 glasses of water a day or I will go to the gym three times a week on Monday, Wednesday and Saturday).

Make resolutions a reality and turn them into a habit by:

1. Setting up reminders that are as simple as an alarm or laying out jogging clothes the night before so that you see them when you wake if your resolution is to start the day with a jog.
2. Making it a ritual. Try doing your desired action at the same time and in the same place as much as possible so that they soon become second nature.

3. Staying motivated by finding

a friend or neighbors to do it with you and try to keep in mind why the habit is important to you.

Seek healthy relationships that support you. Feeling loved and supported by the people in your life is a gift. When you surround yourself with loved ones who believe in you, your self-belief is even stronger. If there is anyone you associate with who drains you of positivity and confidence, let them go and make room for new, nurturing relationships to enter.

Kansas City cardiologist Dr. James O'Keefe suggests that having an "attitude that we all need each other gives us resilience, strength and assurance to persevere." Dr. O'Keefe references a Harvard study that followed one entire class of Harvard students for more than 70 years focusing on how different behaviors are linked with various outcomes in terms of health, happiness and longevity.



Black Locust Tree Leaves (*robinia pseudoacacia*)

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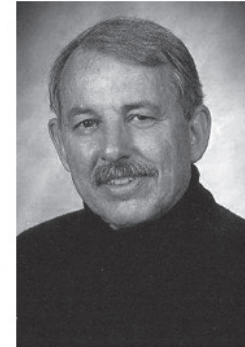
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Mary Deacy, AIA, LEED AP
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